



SOMADERM® Usage Guide

DIRECTIONS FOR USE:

- | Apply two full pumps of SOMADERM gel twice a day, morning and night, five days on, two days off.
- | Apply the gel and rub in completely for about one minute.
- | We recommend a Monday to Friday use and a Saturday to Sunday rest period. The rest period helps the body work to produce growth hormone (GH) on its own.
- | For intensive use, apply four full pumps twice a day, morning and night.
- | Each week rotate the application location between the wrists, forearms, armpits, and behind the knees.
- | It is best to apply SOMADERM after a shower, as it absorbs better on warm skin.



Please note, it may take a couple months or more to feel/see results. SOMADERM is a lifelong wellness product.

New U Life's SOMADERM is the only homeopathic transdermal gel containing maximum strength somatropin.

FOR OPTIMAL RESULTS

- | Always apply the gel to thin areas of skin including the wrists, forearms, armpits, and behind the knees.
- | Do not consume alcohol within three to four hours of gel application.
- | Consume half your body weight in ounces of plain water daily.
- | Keep refined and processed foods such as bread, pasta, cakes, candy, cookies, chips, sugary drinks, and alcohol to a minimum.

THINGS TO REMEMBER

Everyone's body chemistry is unique. If you are sensitive to the gel, have a lower body weight, or metabolize slowly, you may need to apply a half a pump for a couple of weeks. If tolerated well, move to the recommended full pump.

As with any topical product, it is recommended to first apply a small amount of gel to the skin to see if irritation occurs.



SOMADERM® is a Food and Drug Administration (FDA) registered, transdermal, GH microdose, over the counter, homeopathic remedy. New U Life makes no medical claims to treat, cure, or prevent any disease or medical condition.