

COMPLETE IN A SNAP

You are so much more than just hair, skin, and nails. When designing a multi-vitamin, we wanted to bring you something that elevated the true foundation of your complete well-being.. Complete is a vibrant blend of all your essential B, E, A and D vitamins, packed to the brim with your daily requirement of leafy greens, which may help maintain healthy weights, while simultaneously working to keep your body functioning at its optimal level. Our proprietary blend tastes fresh like biting into a crisp apple, while working quickly behind the scenes to provide the nutrients involved in overall brain health, and fuel your body for peak performance. To complete the blend we've added an all-natural, patented ingredient called NeuroFactor®, clinically proven to significantly increase levels of a key neuroprotein (BDNF) vital to learning, memory, and higher thinking.

NeuroFactor® is a trademark of VDF FutureCeuticals, Inc., used under license.



Supplement Facts

Serving Size 1 Patch, Servings Per Container 28

Amount Per Serving	% DV	Amount Per Serving	% DV
Calories	5	Vitamin B12 (as Methylcobalamin)	100 mcg 4167%
Vitamin A (as Retinyl Palmitate)	770 mcg 86%	Biotin	90 mcg 300%
Vitamin D (as Cholecalciferol)	30 mcg 150%	Pantothenic Acid	4 mg 80%
Vitamin E (as D-Alpha Tocopherol)	15 mg 100%	Zinc (as Zinc Gluconate)	11 mg 96%
Thiamin	1.5 mg 122%	Selenium (as Sodium Selenium)	30 mcg 55%
Riboflavin	1.7 mg 128%	Copper (as Copper Bisglycinate Chelate)	0.2 mg 25%
Niacin (as Niacinamide)	25 mg 156%	Proprietary Blend	200 mg †
Vitamin B6 (as Pyridoxal-5'-Phosphate)	3.8 mg 224%	NeuroFactor® (Coffea Arabica Extract (fruit)),	
Folate	200 mcg DFE (120 mcg folic acid) 50%	Organic Super Green Blend	

†Daily Value (DV) not established.

OTHER INGREDIENTS: PURIFIED WATER, NATURAL FLAVORS, CITRIC ACID, MALIC ACID, GUM ACACIA, XANTHAN GUM, REBAUDIOSIDE A (STEVIA EXTRACT), E-POLYLYSINE (PRESERVATIVE)

SUPER GREENS BLEND: Organic Wheat Grass Whole Leaf Powder, Organic Barley Grass Whole Leaf Powder, Organic Alfalfa Grass Whole Leaf Powder, Organic Pea Protein, Organic Flax Seed, Organic Apple Fiber, Organic Spinach, Organic Spirulina, Organic Chlorella, Organic Broccoli, Organic Apple Flavor, Organic Jerusalem Artichoke, Organic Rosehips, Organic Pineapple, Organic Carrot, Organic Acerola, Organic Beet Root, Organic Raspberry