

Nutrition Facts

15 servings per container

Serving size

2 scoops (59g)

Calories

239

	Amount Per Serving	%DV
Total Fat	9 g	12%*
Saturated Fat	3g	18%
Trans Fat	0 g	†
Polyunsaturated Fat	1.5g	†
Monounsaturated Fat	0g	†
Cholesterol	5 mg	2%
Total Carbohydrate	13 g	5%*
Dietary Fiber	7 g	26%
Total Sugars	<1 g	†
Includes 0 g Added Sugars		0%*
Sugar Alcohol	0 g	†
Protein	30 g	
Vitamin A (as beta carotene)	229 mcg	25%
Vitamin C (as ascorbic acid, MCT oil powder, org sea kelp)	23 mg	25%
Vitamin D3 (as cholecalciferol, MCT oil powder)	7 mcg	34%
Vitamin E (as d-alpha tocopherol)	4 mg	25%
Vitamin K (as phytonadione)	30 mcg	25%
Vitamin B1 (as thiamine hydrochloride, org sea kelp)	0.3 mg	25%
Vitamin B2 (as riboflavin, org sea kelp)	0.3 mg	25%
Vitamin B3 (as niacinamide)	4 mg	25%
Vitamin B6 (as pyridoxine hydrochloride)	0.4 mg	25%
Vitamin B9 (as L-5-methyltetrahydrofolate calcium)	60 mcg DFE	15%
Vitamin B12 (as methylcobalamin)	0.6 mcg	25%
Biotin (as d-biotin)	7 mcg	25%
Vitamin B5 (as calcium d-pantothenate)	1 mg	25%
Calcium (as Z2-Minerals™, NZ Whey Protein Isolate)	372 mg	29%
Iron (as ferric citrate)	6 mg	32%
Phosphorus (as dipotassium phosphate, NZ Whey Protein Isolate)	43 mg	3%
Iodine (as org sea kelp, NZ Whey Protein Isolate)	44 mcg	29%
Magnesium (as Z1-Minerals™, Z2-Minerals™, NZ Whey Protein Isolate)	65 mg	15%
Zinc (as zinc bisglycinate)	5 mg	46%
Selenium (as L-selenomethionine, NZ Whey Protein Isolate)	20 mcg	36%
Copper (as copper bisglycinate, NZ Whey Protein Isolate)	0.2 mg	27%
Manganese (as manganese bisglycinate, NZ Whey Protein Isolate)	0.6 mg	25%
Chromium (as chromium citrate)	9 mcg	25%
Molybdenum (as molybdenum glycinate)	11 mcg	25%
Chloride (as potassium chloride, Z1-Minerals™, ancient sea salt)	283 mg	12%
Sodium (as NZ Whey Protein Isolate, ancient sea salt)	250 mg	11%
Potassium (as potassium chloride, dipotassium phosphate, NZ Whey Protein Isolate)	252 mg	5%

Proprietary Blend

Grass-Fed New Zealand Whey Protein Isolate, Resistant Maltodextrin, Sunflower Oil Powder, Medium Chain Triglyceride Oil Powder ((C8 1400 mg)(C10 840 mg)), Natural Vanilla Flavor, Z2-Minerals™ 72 Bioactive Red Algae Minerals and Trace Minerals, Inulin, Xanthan Gum, Sunflower Lecithin, EnZyme 13™ (Amylase, Protease (I, II) Lipase, Cellulase, Hemicellulase, Bega-Glucanase, Xylanase, Pectinase, Phytase, Diastase, Lactase, Invertase), Z1-Minerals™ 72 Ionic Sea Minerals and Trace Minerals, Zero Cane™ (natural fermented sugarcane Rebaudioside-M), Ancient Sea Salt + 60 trace minerals, Bacillus Coagulans.

The %Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

† Daily Value (DV) not established