

Supplement Facts

Serving Size 1 Stick Pack (6 g)
Servings Per Container 15

	Amount Per Serving	%DV for Adults and Children 4 or more Years of Age
Calories	10	
Total Carbohydrate	2 g	< 1%*
Total Sugars	0 g	†
Sugar Alcohol	0 g	†
Vitamin A (as beta-carotene)	474 mcg	53%
Vitamin C (as acerola extract)	45 mg	50%
Vitamin D (as cholecalciferol)	10 mcg	50%
Vitamin E (as d-alpha tocopheryl acid succinate)	0.35 mg	50%
Vitamin K1 (as phylloquinone)	60 mcg	50%
Vitamin B1 (as thiamine mononitrate)	0.6 mg	50%
Vitamin B2 (as riboflavin 5-phosphate sodium)	0.65 mg	50%
Vitamin B3 (as niacinamide)	8 mg	50%
Vitamin B6 (as pyridoxal 5-phosphate)	0.85 mg	50%
Vitamin B9 Folate (as L-5-methyltetrahydrofolate)	200 mcg DFE	50%
Vitamin B12 (as methylcobalamin)	1.2 mcg	50%
Biotin (as biotin trit)	15 mcg	50%
Vitamin B5 (as calcium d-pantothenate)	2.5 mg	50%
Calcium	352 mg	27%
Iron	2 mg	9%
Phosphorus (as di-potassium phosphate)	111 mg	9%
Magnesium	62 mg	15%
Zinc (as zinc picolinate)	5.5 mg	50%
Chromium (as chromium picolinate)	18 mcg	51%
Chloride (Z1-Minerals™, potassium chloride)	279 mg	12%
Sodium (Z4-Minerals™, Org. Alk. Greens Blend, potassium chloride)	50 mg	2%
Potassium (as potassium citrate, potassium chloride, dipotassium phosphate)	320 mg	7%
Vital Core® Organic Alkalizing Greens Blend	2000 mg	†
Organic Alfalfa Grass Powder (<i>Medicago sativa</i>), Organic Wheatgrass Powder (<i>Triticum aestivum</i>), Organic Barley Grass Powder (<i>Hordeum vulgare</i>), Organic Lemon Juice Powder (<i>Citrus limon</i>), Organic Kale Powder (<i>Brassica oleracea acephala</i>), Organic Astragalus P.E. 10:1 (<i>Astragalus membranaceus</i>), Organic Spirulina Powder (<i>Arthrospira platensis</i>), Organic Oat Grass Powder (<i>Avena sativa L.</i>), Organic Chlorella Powder (<i>Chlorella vulgaris</i>).		†
Vital Core® Mineral Proprietary Blend	1300 mg	†
Z2-Minerals™ 72 Bioactive Red Algae Minerals and Trace Minerals (<i>Lithothamnion sp.</i>)		†
Z1-Minerals™ 72 Ionic Sea Minerals and Trace Minerals		†
Z4-Minerals™ 60+ Ancient Sea Salt Minerals and Trace Minerals		†
Vital Core® BioAbsorption Technology Proprietary Blend	100 mg	†
Enzyme 19™ (Amylase, Protease (I, II, III), Lipase, Alpha-galactosidase, Beta-glucanase, Hemicellulase, Papain, Cellulase, Xylanase, Pectinase, Phystase, Glucoamylase, Diastase, Lactase, Serratiopeptidase, Bromelain, Invertase). LipoZome™ (phosphatidylcholine, phosphatidylserine)		†
Vital Core® Proprietary Probiotic Blend	15 mg	†
<i>Bifidobacterium lactis B1516</i>		†
<i>Lactobacillus plantarum LP-Only</i>		†

* Percent Daily Values (DV) are based on a 2000 calorie diet

† Daily Value (DV) not established