Vital Core®

Multivitamin with
Organic Antioxidant Berries

Multivitamin with Organic Alkalizing Greens

Vibrance | Optimized Nutrition | Longevity



Vital Core® is your ultimate two-in-one approach of a multivitamin with greens or multivitamin with berries. Whether your preference is Alkalizing Greens or Antioxidant Berries, you'll have an astounding nutrient diversity of 117 ingredients within Vital Core® with Organic Alkalizing Greens and 119 ingredients within Vital Core® with Organic Antioxidant Berries.

Each serving of Vital Core® accounts for approximately 50% of your DV and is designed to accompany the Zallevo Ultra 30™ shakes and your prepared meals to meet 100% DV, addressing nutrient gaps found in our modern diets. Vital Core® provides optimal nutrition that supports natural energy and vibrance, immune health, and longevity.*

Vital Core® Certified Organic Alkalizing Greens Blend hosts 9 greens, and our Vital Core® Certified Organic Antioxidant Berries Blend hosts 11 berries. Each of these antioxidant formulas features all 72 minerals and trace minerals, all 13 vitamins, 19 plant-based enzymes, 2 champion probiotic strains, and a liposomal proprietary blend for increased bioavailability.

Vital Core® is great for the whole family, ages 4 and up. Vital Core® is truly the most all-encompassing nutrient insurance on the planet!

Benefits-

- Balanced Nutrition
- Promotes Energy and Vibrance
- Aids Digestive Health
- Assists Immune Health
- Supports Longevity and Wellness
- Addresses Nutrient Gaps

Vital Core® Multivitamin Organic Alkalizing Greens

Supplement Facts Amount Per Serving Children 4 or m < 1%* Total Carbohydrate 2 g Total Sugars Sugar Alcohol Vitamin A (as beta 45 mg 10 mcg 0.35 mg fitamin C (as acerola extract) fitamin D (as cholecalciferol) vitamin E (as d-alpha tocopheryl acid succinate) /itamin K1 (as phylloquinone) vitamin K i (as phylloquinone) Vitamin B1 (as thiamine mononitrate) Vitamin B2 (as riboflavin 5-phosphate sodium) Vitamin B3 (as niacinamide) Vitamin B6 (as pyridoxal 5-phosphate) Vitamin B9 Folate (as L-5-methyltetrahydrofolate) Vitamin B12 (as methylcobalamin) Biotin (as biotin trit) 0.6 mg 0.65 mg 8 mg 0.85 mg 200 mcg DFI 1.2 mcg Vitamin B5 (as calcium d-pantothenate) 2 mg 111 mg 62 mg 5.5 mg hosphorus (as di-potassium phosphate) Magnesium Zinc (as zinc picolinate) ¿Inc. (as zinc picolinate) Chromium (as chromium picolinate) Chloride (Z1-Minerals™, potassium chloride) Sodium (Z4-Minerals™, Org, Alk. Creens Blend, potassium chloride) Potassium (as potassium citrate, potassium chloride, dipotassium p 79 ma Intal Core® Organic Alkalizing Greens Blend Organic Alfalfa Grass Powder (Medicago sativa), Organic Wheatgrass Powder (Triticum aestivum), Organic Barley Grass Powder (Hordeum vulgare), Organic Lemon Juice Powder (Citrus limon), Organic Kale Powder (Brassica oleracea acephala), Organic Astragalus P.E. 10:1 (Astragalusmembranaceus), Organic Sprillina Powder (Arthrospira platensis), Organic Ostro Grass Powder (Avena sativa L.), Organic Chlorella Powder (Chlorella vulgaris, **Charal Microsl Progressor, 1887).** 2000 mg Grass Powder (Avena sativa L.), Organic Chlorella Powder (Chlorella vulgaris), Vital Core® Mineral Proprietary Blend Z2-Minerals™ 72 Bioactive Red Algae Minerals and Trace Minerals (Lithothamnion sp.) Z1-Minerals™ 72 Ionic Sea Minerals and Trace Minerals Z4-Minerals™ 60+ Ancient Sea Salt Minerals and Trace Minerals Vital Core® BioAbsorption Technology Proprietary Blend 100 Enzyme 19™ (Amylase, Protease (I, II, IIII), Lipase, Alpha-galactosidase, Beta-glucanase, Hemicellulase, Papain, Cellulase, Vylanase, Pectinase, Phystase, Cluscamydae Diastase, Lactase Serrationaptidase, Brambalia Invertase) 1300 mg 100 mg Glucoamylase, Diastase, Lactase, Serratiopeptidase, Bromelain, Invertase) LipoZome™ (phosphatidylcholine, phosphatidylserine) //tal Core® Proprietary Probiotic Blend

Vital Core® Multivitamin Organic Antioxidant Berries

Biotin (as biotin trit) 15 mcg 50% Vitamin B5 (as calcium d-pantothenate) 2.5 mg 50% Calcium 340 mg 26% Iron 1 mg 6% Phosphorus (as dipotassium phosphate) 111 mg 9% Magnesium 62 mg 15%		Amount Per Serving	%DV for Adults an Children 4 or mor Years of Age
Total Sugars Q g			
Sugar Alcohol Q			
vitamin A (as beta-carotene) 450 mcg 50% vitamin C (as acerola extract) 46 mg 51% vitamin D (as cholecalciferol) 10 mcg 50% vitamin E (as d-alpha tocopheryl acid succinate) 0.35 mg 50% vitamin E (as d-alpha tocopheryl acid succinate) 60 mcg 50% vitamin B (as thiamine mononitrate) 60 mcg 50% vitamin B (as riboflavin S-phosphate sodium) 0.65 mg 50% vitamin B (as pridoxal 5-phosphate) 0.85 mg 50% vitamin B (as pryidoxal 5-phosphate) 0.85 mg 50% vitamin B (as pryidoxal 5-phosphate) 0.85 mg 50% vitamin B (as pryidoxal 5-phosphate) 0.85 mg 50% vitamin B (as a k 1-5-methyltetrahydrofolate) 200 mcg DFE 50% vitamin B (as a k 1-5-methyltetrahydrofolate) 15 mcg 50% vitamin B (as a k 1-5-methyltetrahydrofolate) 15 mcg 50% vitamin B (as a k 1-5-methyltetrahydrofolate) 15 mcg 50% vitamin B (as a k 1-5-methyltetrahydrofolate) 15 mcg 50% vitamin B (as a k 1-5-methyltetrahydrofolate) 15 mc			
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Vitamin BS (as calcium d-pantothenate) 25 mg 55% 26lcium 340 mg 26% Phosphorus (as dipotassium phosphate) 1 mg 6% Phosphorus (as dipotassium phosphate) 1 mg 9% Magnesium 62 mg 15% Zinc (as Zinc picolinate) 5 5 mg 55% 5 50%			50%
Calcium Cal			50%
Phosphorus (as dipotassium phosphate)			26%
Magnesium 62 mg 15% Zinc (as zinc picolinate) 5.5 mg 50% Chromium (as chromium picolinate) 5.5 mg 50% Chromium (as chromium picolinate) 18 mcg 51% Sodium (Z4-Minerals™, Org. Alk. Greens Blend, potassium chloride) 279 mg 12% Potassium (as potassium citrate, potassium chloride, dipotassium phosphate) 293 mg 6% Vital Core® Organic Antioxidant Berries Blend 2000 mg † Organic Pomegranate Juice Powder (Punica granatum L.), Organic Acai Juice Powder (Euterpe oleracea), Organic Granberry Powder (Lycium barbarum), Organic Grape Juice Powder (Juice Powder (Lycium barbarum), Organic Grape Juice Powder (Vitis labrusca), Organic Amla Fruit Powder (Phyllanthus emblica), Organic Cranberry Powder (Vaccinium macrocarpon), Organic Aronia Powder (Photinia melanocarpa), Organic Sea Buckthorn Juice Powder (Hippophae rhammoides L.), Organic Camu Camu Powder (Myrciaria dubia), Organic Acerola Juice Powder 12% Vit. C (Malpighia emarginata), Organic MaquiForza™ (Aristotalia chilensis). 1 Vital Core® Proprietary Mineral Blend 1300 mg † 22-Minerals™ 72 Bloactive Red Algae Minerals and Trace Minerals (Lithothamnion sp.) 1 21-Minerals™ 60+ Ancient Sea Salt Minerals and Trace Minerals 1 † 24-Minerals™ 60+ Ancient Sea Salt Minerals and Trace Minerals 1 † 24-Minerals™ 60+ Ancient Sea Salt Minerals and Trace Minerals 1 † 24-Minerals™ 60+ Ancient Sea Salt Minerals and Trace Minerals 1 † 24-Minerals™ 60+ Ancient Sea Salt Minerals and Trace Minerals 1 † 24-Minerals™ 60+ Ancient Sea Salt Minerals and Trace Minerals 1 † 24-Minerals™ 60+ Ancient Sea Salt Minerals and Trace Minerals 1 † 24-Minerals™ 60+ Ancient Sea Salt Minerals and Trace Minerals 1 † 24-Minerals Mgiosase, Papain, Cellulase, Xylanase, Pectinase, Phystase, Ciucoamylase, Distase, Lactase, Serratiopeptidase, Bromelain, Invertase). 21 LipoZome™ (phosphatidylcholine, phosphatidylserine) † 25 Mill Core® Proprietary Probiotic Blend 15 mg 15 Mill Milloretum Incetts 81516	Iron	1 mg	6%
Zinc (as zinc picolinate) 5.5 mg 5.50% Chromium (as chromium picolinate) 18 mcg 55% Chromium (as chromium picolinate) 18 mcg 55% Sodium (Z4-Minerals™ Org. Alk. Greens Blend, potassium chloride) 279 mg 12% Potassium (as potassium citrate, potassium chloride, dipotassium phosphate) 293 mg 6% Vital Core® Organic Antioxidant Berries Blend 2000 mg ↑ Organic Pomegranate Juice Powder (Punica granatum L.), Organic Acai Juice Powder (Euterpe oleracea), Organic Coji Juice Powder (Lycium barbarum), Organic Grape Juice Powder (Vitis labrusca), Organic Amla Fruit Powder (Phyllanthus emblica), Organic Cranberry Powder (Vaccinium macrocarpon), Organic Aronia Powder (Photinia melanocarpa), Organic Sea Buckthorn Juice Powder (Hippophae rhamnoides L.), Organic Camu Camu Powder (Myrciaria dubia), Organic Macerola Juice Powder 12% Vit. C (Malpighia emarginata), Organic MaquiForza™ (Aristotelia chilensis). † Vital Core® Proprietary Mineral Blend 1300 mg ↑ Z2-Minerals™ 72 Bloactive Red Algae Minerals and Trace Minerals (Lithothamnion sp.) Z1-Minerals™ 60-Ancient Sea Salt Minerals and Trace Minerals † Vital Core® Proprietary BloAbsorption Technology Blend 100 mg ↑ Enzyme 19™ (Amylase, Protease (I, II, III), Lipase, Alpha-galactosidase, Beta-glu-canase, Hemicellulase, Papajan, Cellulase, Xylanase, Pectinase, Phystase, Clucoamylase, Diastase, Lactase, Serratiopeptidase, Bromelain, Invertase). LipoZome™ (phosphatidylcholine, phosphatidylserine) † Vital Core® Proprietary Probiotic Blend 15 mg † Vital Core® Proprietary Probiotic Blend 15 mg † Vital Core® Proprietary Probiotic Blend 15 mg †	Phosphorus (as dipotassium phosphate)	III mg	9%
Chromium (as chromium picolinate) 18 mcg 55%. Sodium (ZA-Minerals™ Or, Alik. Creens Blend, potassium chloride) 279 mg 12%. Potassium (as potassium citrate, potassium chloride, dipotassium phosphate) 293 mg 6%. Vital Core® Organic Antioxidant Berries Blend Organic Pomegranate Juice Powder (Punica granatum L.), Organic Acai Juice Powder (Euterpe oleracea), Organic Goji Juice Powder (Lycium barbarum), Organic Grapa Juice Powder (Vitis labrusca), Organic Amla Fruit Powder (Phyllanthus emblica), Organic Cranberry Powder (Vaccinium macrocarpon), Organic Aronia Powder (Photinia melanocarpa), Organic Sea Buckthorn Juice Powder (Plipopophae rhammoides L.), Organic Camu Camu Powder (Myrciaria dubia), Organic Acerola Juice Powder 12% Vit. C (Malpighia emarginata), Organic MaquiForza™ (Arristotella chilensis). Vital Core® Proprietary Mineral Blend 22-Minerals™ 52 Bioactive Red Algae Minerals and Trace Minerals (Lithothamnion sp.) 21-Minerals™ 50+ Ancient Sea Salt Minerals and Trace Minerals 12-Minerals™ 60+ Ancient Sea Salt Minerals and Trace Minerals 12-Minerals™ 60+ Ancient Sea Salt Minerals and Trace Minerals 15 Tazyme 19m (Amylase, Protease (I, II, III), Lipase, Alpha-galactosidase, Beta-glu- canase, Hemicellulase, Papain, Cellulase, Xylanase, Pectinase, Phystase, Glucoamylase, Diastase, Lactase, Serratiopeptidase, Bromelain, Invertase). LipoZome™ (phosphatidylcholine, phosphatidylserine) 15 mg 16/Midol Core® Proprietary Probiotic Blend 15 mg 15/Midol Core® Proprietary Probiotic Blend 15 mg	Magnesium	62 mg	15%
Sodium [Z4-Minerals™, Org, Alk Greens Blend, potassium chloride) 279 mg 12% Potassium (as potassium citrate, potassium chloride, dipotassium phosphate) 293 mg 6% Vital Core® Organic Antioxidant Berries Blend 2000 mg † Organic Pomegranate Juice Powder (Punica granatum L.), Organic Acai Juice Powder (Euterpe oleracea), Organic Coji Juice Powder (Lycium barbarum), Organic Grape Juice Powder (Vitis labrusca), Organic Amla Fruit Powder (Phyllanthus emblica), Organic Caraberry Powder (Vaccinium macrocarpon), Organic Aronia Powder (Photinia melanocarpa), Organic Sea Buckthorn Juice Powder (Hippophae rhamnoides L.), Organic Camu Camu Powder (Myrciaria dubia), Organic Acerola Juice Powder 128 Vit C (Malpighia emarginata), Organic MaquiForza™ (Aristotelia chilensis). † Vital Core® Proprietary Mineral Blend 1300 mg † Z2-Minerals™ 72 Bloactive Red Algae Minerals and Trace Minerals (Lithothamnion sp.) Z1-Minerals™ 60+ Ancient Sea Salt Minerals and Trace Minerals † Z4-Minerals™ 60+ Ancient Sea Salt Minerals and Trace Minerals † Vital Core® Proprietary BioAbsorption Technology Blend 100 mg † Enzyme 19™ (Amylase, Protease (I. II, III), Lipase, Alpha-galactosidase, Beta-glu- canase, Hemicellulase, Papain, Cellulase, Xylanase, Pectinase, Phystase, Glucoamylase, Diastase, Lactase, Serratiopeptidase, Bromelain, Invertase). LipoZome™ (phosphatidylcholine, phosphatidylserine) † Vital Core® Proprietary Probiotic Blend 15 mg † Vital Gore® Proprietary Probiotic Blend 15 mg † Vital Gore® Proprietary Probiotic Blend 15 mg † Vital Core® Proprietary Probiotic Blend 15 mg † Vital Gore® Proprietary Probiotic Blend 15 mg † Vital Core® Proprietary Probiotic Blend 15 mg † Vital Core® Proprietary Probiotic Blen			50%
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	Vital Core® Proprietary Probiotic Blend	15 mg	t

<u>Ingredients-</u>

* Percent Daily Values (DV) are based on a 2000 calorie diet † Daily Value (DV) not established

Vital Core® Certified Organic Greens Blend

Vital Core® Certified Organic Greens Blend is a synergistic greens blend of 9 organic concentrated alkaline superfoods that contains naturally occurring phytonutrients, vitamins, and minerals. Vital Core® Organic Greens Blend helps elevate energy, assists with mineral replenishment, and helps the body to maintain a healthy pH balance. Tested for its alkalizing effect on the body using the PRAL method, Vital Core® Organic Greens Blend has been shown to have an alkalizing effect on the body. As an ideal

superfood to complement diets deficient in vegetables, Vital Core® Organic Greens Blend contains approximately ½ lb. of greens, vegetables and fruit per single serving.

Vital Core® Certified Organic Berries Blend

Vital Core® Certified Organic Berries Blend is a unique antioxidant-rich blend of 11 organic berries providing a wide array of vitamins, minerals, healthy fats, and fiber. It's an ideal superfood that complements diets deficient in fruits. Rich antioxidant phytonutrients help minimize oxidative stress within the body's cells and tissues by combatting the formation of free radicals, scavenging them, or by promoting their decomposition. Vital Core® Organic Berries Blend supports cardiovascular and immune health, healthy inflammatory responses, and overall health and vitality. Vital Core® Organic Berries Blend contains approximately ½ lb. of berries per single serving.

Vitamins, Minerals and Trace Minerals

Vital Core® hosts a full spectrum of high bioavailable micronutrients- 13 essential natural vitamins and 72 minerals and trace minerals, all playing an important role in health and vitality. Vital Core® features three of our elite mineral complexes, each yielding a different profile of 60-72 ionic and bioactive minerals and trace minerals:

- Z1-Minerals[™] 72 Ionic Sea Minerals and Trace Minerals
- Z2-Minerals[™] 72 Bioactive Red Algae Minerals and Trace Minerals
- Z4-Minerals[™] 60+ Ancient Sea Salt Minerals and Trace Minerals

Daily intake of minerals and trace minerals are needed to support nearly every bodily function, from cell regeneration, nutrient absorption, detoxification, muscle synthesis, and more.

Prebiotic and Probiotics

In studies, probiotics have been shown to aid in micronutrient absorption and utilization. They are essential to digestive health as a whole. Vital Core® features 2 gastric acid resistant probiotic strains that were chosen to not only support gut health and immune health, but to drive nutrient absorption:

- Lactobacillus plantarum LP-Onlly
- Bifidobacterium lactis Bl516

Vital Core® features nutrient rich Organic Greens and Organic Berries that provide the prebiotic food needed for the probiotics.

EnZyme 19™

EnZyme 19[™] is a custom blend of 19 plant-based, full spectrum broad pH enzymes, ensuring easy digestibility and increased absorption of all nutrients within each serving of Vital Core®.

LipoZome[™]

eVibe® features our custom blend of phospholipids exclusive to Zallevo®:

- Phosphatidylcholine
- Phosphatidylserine

Our phospholipids assemble themselves into liposomal spheres, enrobing nutrients and assist in delivering to cells to drive better absorption and bioavailability.

Directions-

Mix 1 stick pack in 8 oz of water and ice combined. Shake vigorously. Enjoy 1-2 servings of Vital Core® per day on Ultra Days TM to satisfy your customized nutritional needs.

















References-

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- 7. Dietary acid load: Mechanisms and evidence of its health repercussions ScienceDirect
- 8. Remer T, Manz F. Estimation of the renal net acid excretion by adults consuming diets containing variable amounts of protein. Am J Clin Nutr 1994;59:1356–61.
- 9. Revised Summary PRAL List.xlsx (clinicaleducation.org)

Disclaimers-

These statements have not been evaluated by the Food and Drug administration. This product is not intended to diagnose, treat, cure, or prevent any disease. If you are pregnant, nursing, diabetic or taking prescription drugs, consult with a healthcare provider prior to use.