

Vital Core®

**Multivitamin with
Organic Antioxidant Berries**

**Multivitamin with
Organic Alkalizing Greens**

Vibrance | Optimized Nutrition | Longevity



Vital Core® is your ultimate two-in-one approach of a multivitamin with greens or multivitamin with berries. Whether your preference is Alkalizing Greens or Antioxidant Berries, you'll have an astounding nutrient diversity of 117 ingredients within Vital Core® with Organic Alkalizing Greens and 119 ingredients within Vital Core® with Organic Antioxidant Berries.

Each serving of Vital Core® accounts for approximately 50% of your DV and is designed to accompany the Zallevo Ultra 30™ shakes and your prepared meals to meet 100% DV, addressing nutrient gaps found in our modern diets. Vital Core® provides optimal nutrition that supports natural energy and vibrance, immune health, and longevity.*

Vital Core® Certified Organic Alkalizing Greens Blend hosts 9 greens, and our Vital Core® Certified Organic Antioxidant Berries Blend hosts 11 berries. Each of these antioxidant formulas features all 72 minerals and trace minerals, all 13 vitamins, 19 plant-based enzymes, 2 champion probiotic strains, and a liposomal proprietary blend for increased bioavailability.

Vital Core® is great for the whole family, ages 4 and up. Vital Core® is truly the most all-encompassing nutrient insurance on the planet!

Benefits-

- Balanced Nutrition
- Promotes Energy and Vibrance
- Aids Digestive Health
- Assists Immune Health
- Supports Longevity and Wellness
- Addresses Nutrient Gaps

Vital Core® Multivitamin Organic Alkalizing Greens

Supplement Facts

Serving Size 1 Stick Pack (6 g)
Servings Per Container 15

	Amount Per Serving	%DV for Adults and Children 4 or more Years of Age
Calories	10	
Total Carbohydrate	2 g	< 1%*
Total Sugars	0 g	†
Sugar Alcohol	0 g	†
Vitamin A (as beta-carotene)	474 mcg	53%
Vitamin C (as acerola extract)	45 mg	50%
Vitamin D (as cholecalciferol)	10 mcg	50%
Vitamin E (as d-alpha tocopheryl acid succinate)	0.35 mg	50%
Vitamin K1 (as phyloquinone)	60 mcg	50%
Vitamin B1 (as thiamine mononitrate)	0.6 mg	50%
Vitamin B2 (as riboflavin 5-phosphate sodium)	0.65 mg	50%
Vitamin B3 (as niacinamide)	8 mg	50%
Vitamin B6 (as pyridoxal 5-phosphate)	0.85 mg	50%
Vitamin B9 Folate (as L-5-methyltetrahydrofolate)	200 mcg DFE	50%
Vitamin B12 (as methylcobalamin)	1.2 mcg	50%
Biotin (as biotin trit)	15 mcg	50%
Vitamin B5 (as calcium d-pantothenate)	2.5 mg	50%
Calcium	352 mg	27%
Iron	2 mg	9%
Phosphorus (as di-potassium phosphate)	111 mg	9%
Magnesium	62 mg	15%
Zinc (as zinc picolinate)	5.5 mg	50%
Chromium (as chromium picolinate)	18 mcg	51%
Chloride (Z1-Minerals™, potassium chloride)	279 mg	12%
Sodium (Z4-Minerals™, Org. Alk. Greens Blend, potassium chloride)	50 mg	2%
Potassium (as potassium citrate, potassium chloride, dipotassium phosphate)	320 mg	7%
Vital Core® Organic Alkalizing Greens Blend	2000 mg	†
Organic Alfalfa Grass Powder (Medicago sativa), Organic Wheatgrass Powder (Triticum aestivum), Organic Barley Grass Powder (Hordeum vulgare), Organic Lemon Juice Powder (Citrus limon), Organic Kale Powder (Brassica oleracea acephala), Organic Astragalus P.E. 10:1 (Astragalus membranaceus), Organic Spirulina Powder (Arthrospira platensis), Organic Oat Grass Powder (Avena sativa L.), Organic Chlorella Powder (Chlorella vulgaris).		
Vital Core® Mineral Proprietary Blend	1300 mg	†
Z2-Minerals™ 72 Bioactive Red Algae Minerals and Trace Minerals (Lithothamnion sp.)		
Z1-Minerals™ 72 Ionic Sea Minerals and Trace Minerals		†
Z4-Minerals™ 60+ Ancient Sea Salt Minerals and Trace Minerals		†
Vital Core® BioAbsorption Technology Proprietary Blend	100 mg	†
Enzyme 19™ (Amylase, Protease (I, II, III), Lipase, Alpha-galactosidase, Beta-glucanase, Hemicellulase, Papain, Cellulase, Xylanase, Pectinase, Phytase, Glucoamylase, Diastase, Lactase, Serratiopeptidase, Bromelain, Invertase).		
LipoZome™ (phosphatidylcholine, phosphatidylserine)		†
Vital Core® Proprietary Probiotic Blend	15 mg	†
Bifidobacterium lactis B1516		
Lactobacillus plantarum LP-Only		†

* Percent Daily Values (DV) are based on a 2000 calorie diet
† Daily Value (DV) not established

Vital Core® Multivitamin Organic Antioxidant Berries

Supplement Facts

Serving Size 1 Each (6 g)
Servings Per Container 15

	Amount Per Serving	%DV for Adults and Children 4 or more Years of Age
Calories	10	
Total Carbohydrate	2 g	< 1%*
Total Sugars	0 g	†
Sugar Alcohol	0 g	†
Vitamin A (as beta-carotene)	450 mcg	50%
Vitamin C (as acerola extract)	46 mg	51%
Vitamin D (as cholecalciferol)	10 mcg	50%
Vitamin E (as d-alpha tocopheryl acid succinate)	0.35 mg	50%
Vitamin K1 (as phyloquinone)	60 mcg	50%
Vitamin B1 (as thiamine mononitrate)	0.6 mg	50%
Vitamin B2 (as riboflavin 5-phosphate sodium)	0.65 mg	50%
Vitamin B3 (as niacinamide)	8 mg	50%
Vitamin B6 (as pyridoxal 5-phosphate)	0.85 mg	50%
Vitamin B9 Folate (as L-5-methyltetrahydrofolate)	200 mcg DFE	50%
Vitamin B12 (as methylcobalamin)	1.2 mcg	50%
Biotin (as biotin trit)	15 mcg	50%
Vitamin B5 (as calcium d-pantothenate)	2.5 mg	50%
Calcium	340 mg	26%
Iron	1 mg	6%
Phosphorus (as dipotassium phosphate)	111 mg	9%
Magnesium	62 mg	15%
Zinc (as zinc picolinate)	5.5 mg	50%
Chromium (as chromium picolinate)	18 mcg	51%
Sodium (Z4-Minerals™, Org. Alk. Greens Blend, potassium chloride)	279 mg	12%
Potassium (as potassium citrate, potassium chloride, dipotassium phosphate)	293 mg	6%
Vital Core® Organic Antioxidant Berries Blend	2000 mg	†
Organic Pomegranate Juice Powder (Punica granatum L.), Organic Acai Juice Powder (Euterpe oleracea), Organic Goji Juice Powder (Lycium barbarum), Organic Grape Juice Powder (Vitis labrusca), Organic Amla Fruit Powder (Phyllanthus emblica), Organic Cranberry Powder (Vaccinium macrocarpon), Organic Aronia Powder (Photinia melanocarpa), Organic Sea Buckthorn Juice Powder (Hippophae rhamnoides L.), Organic Camu Camu Powder (Myrciaria dubia), Organic Acerola Juice Powder 12% Vit. C (Malpighia emarginata), Organic MaquiForza™ (Aristotelia chilensis).		
Vital Core® Proprietary Mineral Blend	1300 mg	†
Z2-Minerals™ 72 Bioactive Red Algae Minerals and Trace Minerals (Lithothamnion sp.)		
Z1-Minerals™ 72 Ionic Sea Minerals and Trace Minerals		†
Z4-Minerals™ 60+ Ancient Sea Salt Minerals and Trace Minerals		†
Vital Core® Proprietary BioAbsorption Technology Blend	100 mg	†
Enzyme 19™ (Amylase, Protease (I, II, III), Lipase, Alpha-galactosidase, Beta-glucanase, Hemicellulase, Papain, Cellulase, Xylanase, Pectinase, Phytase, Glucoamylase, Diastase, Lactase, Serratiopeptidase, Bromelain, Invertase).		
LipoZome™ (phosphatidylcholine, phosphatidylserine)		†
Vital Core® Proprietary Probiotic Blend	15 mg	†
Bifidobacterium lactis B1516		
Lactobacillus plantarum LP-Only		†

* Percent Daily Values (DV) are based on a 2000 calorie diet
† Daily Value (DV) not established

Ingredients-

Vital Core® Certified Organic Greens Blend

Vital Core® Certified Organic Greens Blend is a synergistic greens blend of 9 organic concentrated alkaline superfoods that contains naturally occurring phytonutrients, vitamins, and minerals. Vital Core® Organic Greens Blend helps elevate energy, assists with mineral replenishment, and helps the body to maintain a healthy pH balance. Tested for its alkalizing effect on the body using the PRAL method, Vital Core® Organic Greens Blend has been shown to have an alkalizing effect on the body. As an ideal

superfood to complement diets deficient in vegetables, Vital Core® Organic Greens Blend contains approximately ½ lb. of greens, vegetables and fruit per single serving.

Vital Core® Certified Organic Berries Blend

Vital Core® Certified Organic Berries Blend is a unique antioxidant-rich blend of 11 organic berries providing a wide array of vitamins, minerals, healthy fats, and fiber. It's an ideal superfood that complements diets deficient in fruits. Rich antioxidant phytonutrients help

minimize oxidative stress within the body's cells and tissues by combatting the formation of free radicals, scavenging them, or by promoting their decomposition. Vital Core® Organic Berries Blend supports cardiovascular and immune health, healthy inflammatory responses, and overall health and vitality. Vital Core® Organic Berries Blend contains approximately ⅓ lb. of berries per single serving.

Vitamins, Minerals and Trace Minerals

Vital Core® hosts a full spectrum of high bioavailable micronutrients- 13 essential natural vitamins and 72 minerals and trace minerals, all playing an important role in health and vitality. Vital Core® features three of our elite mineral complexes, each yielding a different profile of 60-72 ionic and bioactive minerals and trace minerals:

- Z1-Minerals™ 72 Ionic Sea Minerals and Trace Minerals
- Z2-Minerals™ 72 Bioactive Red Algae Minerals and Trace Minerals
- Z4-Minerals™ 60+ Ancient Sea Salt Minerals and Trace Minerals

Daily intake of minerals and trace minerals are needed to support nearly every bodily function, from cell regeneration, nutrient absorption, detoxification, muscle synthesis, and more.

Prebiotic and Probiotics

In studies, probiotics have been shown to aid in micronutrient absorption and utilization. They are essential to digestive health as a whole. Vital Core® features 2 gastric acid resistant probiotic strains that were chosen to not only support gut health and immune health, but to drive nutrient absorption:

- *Lactobacillus plantarum LP-Only*
- *Bifidobacterium lactis BI516*

Vital Core® features nutrient rich Organic Greens and Organic Berries that provide the prebiotic food needed for the probiotics.

EnZyme 19™

EnZyme 19™ is a custom blend of 19 plant-based, full spectrum broad pH enzymes, ensuring easy digestibility and increased absorption of all nutrients within each serving of Vital Core®.

LipoZome™

eVibe® features our custom blend of phospholipids exclusive to Zallevo®:

- Phosphatidylcholine
- Phosphatidylserine

Our phospholipids assemble themselves into liposomal spheres, enrobing nutrients and assist in delivering to cells to drive better absorption and bioavailability.

Directions-

Mix 1 stick pack in 8 oz of water and ice combined. Shake vigorously. Enjoy 1-2 servings of Vital Core® per day on Ultra Days™ to satisfy your customized nutritional needs.



References-

1. https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4663579/
2. https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5852824/
3. https://pubmed.ncbi.nlm.nih.gov/15217524/
4. https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6316255/
5. https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6828919/
6. https://www.hsph.harvard.edu/nutritionsource/antioxidants/
7. Dietary acid load: Mechanisms and evidence of its health repercussions - ScienceDirect
8. Remer T, Manz F. Estimation of the renal net acid excretion by adults consuming diets containing variable amounts of protein. Am J Clin Nutr 1994;59:1356–61.
9. Revised Summary PRAL List.xlsx (clinicaleducation.org)

Disclaimers-

These statements have not been evaluated by the Food and Drug administration.

This product is not intended to diagnose, treat, cure, or prevent any disease.

If you are pregnant, nursing, diabetic or taking prescription drugs,
consult with a healthcare provider prior to use.