

Alpha Performance™

Natural Pre-Workout

Energy | Nitric Oxide Igniter | Endurance

Natural Tropical Flavor



Physical activity and exercise is one of the most important things you can do for your health. Alpha Performance™ is designed with a patented complex that crushes limitations and fuels your body safely with state-of-the-art ingredients.* Support increased blood flow and energy, and assist in recovery, all while driving intense focus.*

Alpha Performance™ fuels your body safely with state-of-the-art nutritional technology designed to get you results without the shortchange effects of artificial and synthetic ingredients. Delivering 200 mg of natural caffeine, Alpha Performance™ brings all the power you need to crush your workouts and physical activity.

Alpha Performance™ features specific nutrients that assist in lean muscle development, better recovery, and decreased muscle fatigue.* It also supports lasting endurance and stamina, better performance, and strength.* Get ready for your best performance and workout. Feel the difference within 15 minutes. Give yourself the competitive edge with Alpha Performance™.

Benefits-

- Supports Increased Blood Flow & Oxygen Uptake
- Promotes Increased Energy & Performance
- Aids Improved Muscle Recovery
- Supports Decreased Muscle fatigue & Damage
- Assists in Increased Muscle Volume & Muscle Pump
- Supports Increased Cognitive Function
- Helps with Mental Acuity & Focus

Supplement Facts

Serving Size 1 Stick Pack (10.4 g)
Servings Per Container 15

	Amount Per Serving	%DV
Calories	10	
Total Carbohydrate	2 g	< 1%*
Total Sugars	0 g	†
Sugar Alcohol	0 g	†
Vitamin B2 (as riboflavin)	1.3 mg	100%
Vitamin B9 (as L-5-methyltetrahydrofolate)	100 mcg DFE	25%
Vitamin B12 (as methylcobalamin)	5 mcg	208%
Magnesium	35 mg	8%
Chloride	103 mg	4%
Potassium	64 mg	1%
Creatine Monohydrate	3000 mg	†
Nitrosigine® (Arginine Silicate Inositol Complex)	1500 mg	†
Taurine	1000 mg	†
Beta Alanine	800 mg	†
Tart Cherry Extract (Cerasus pseudocerasus) (Fruit)	500 mg	†
Alpha Performance™ Proprietary Blend	700 mg	†
Guarana Seed Extract (Paullinia Cupana) (Seed) (200 mg caffeine)		†
Z1-Minerals™ 72 Ionic Sea Minerals and Trace Minerals		†
Z3-Minerals™ 70+ Ionic Fulvic Minerals and Trace Minerals		†

* Percent Daily Values (DV) are based on a 2000 calorie diet
† Daily Value (DV) not established

Ingredients-

Nitrosigine®

Nitrosigine® is an advanced patented complex that crushes limitations and gives you the competitive edge you need. It is unique in that it offers powerful synergistic effects. Nitrosigine is a non-stimulant ingredient that assists with key factors for increasing blood flow and significantly increases nitric oxide (NO) levels. Nitrosigine® has been clinically shown to safely promote NO production for improved blood flow, focus, muscle pump and energy. Nitrosigine increases muscle volume, combats muscle damage and assists in recovery from exercise. It also assists with mental focus and acuity. Nitrosigine® works in as little as 15 minutes and lasts up to six hours!

Beta-alanine

Beta-alanine is a non-essential amino acid. Your body uses Beta-alanine to produce carnosine, which helps improve exercise performance and reduces the acidity in your muscles during high-intensity exercise. Beta-alanine enhances performance by increasing exercise capacity and muscle endurance while decreasing muscle fatigue. It also has antioxidant, immune-enhancing and anti-aging properties.

Creatine Monohydrate

Creatine occurs naturally in the body and plays a crucial role in the body's energy metabolism. Creatine is thought to improve strength, increase lean muscle mass, and help muscles recover

more quickly post exercise. This muscular boost may help athletes achieve bursts of speed and energy, especially during short bouts of high-intensity activities such as weight lifting or sprinting.

Taurine

Taurine assists with enhancing performance in activity by reducing muscular fatigue, thus allowing an athlete to hold a given intensity for a longer period of time. Because of its ability to enhance muscle contraction and delay muscle fatigue, taurine supports improved strength, power and athletic performance. It is known to assist in oxygen uptake, reduce muscle damage, and improve recovery times. Taurine also assists in increased fat burning during exercise to better fuel your performance.

Z1-Mineral™ and Z3-Mineral™ Complexes

Alpha Performance™ features two of our elite mineral complexes, yielding 72 ionic minerals and trace minerals from two different sources:

- Z1-Minerals™ 72 Ionic Sea Minerals and Trace Minerals
- Z3-Minerals™ 70+ Ionic Fulvic Minerals and Trace Minerals

These life-giving minerals support nearly every bodily function from mitochondrial support for cellular

energy, muscle synthesis, collagen synthesis, cell regeneration, to nutrient absorption and more.

Guarana Seed Extract

This premium, natural caffeine source is packed with antioxidant-rich compounds. It has been proven to improve cognition, memory, and mood and enhance physical energy and athletic performance. (200 mg caffeine per serving)

Tart Cherry Extract

Tart cherry intake in the days leading up to, and immediately following intense physical exercise, promotes improved endurance, supports healthy blood pressure, helps to decrease uric acid, and also supports healthy inflammatory response. Tart cherry also assists to reduce muscle breakdown, reduce muscle strength loss, muscle soreness and speed up recovery, especially in resistance-trained individuals.

B Vitamins

Alpha Performance™ features a trio of highly bioavailable B Vitamins:

- B2 riboflavin
- B9 methylfolate
- B12 methylcobalamin

They play a vital role in maintaining cellular energy, key for a healthy mood, and are critical for the metabolism of carbohydrates, fats and proteins.



Directions-

Mix 1 stick pack in 8 oz of water and ice combined. Shake vigorously. Consume 15-30 minutes prior to workout or physical activity.

References-

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26. https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5025820/

Disclaimers-

These statements have not been evaluated by the Food and Drug administration.
 This product is not intended to diagnose, treat, cure, or prevent any disease.
 If you are pregnant, nursing, diabetic or taking prescription drugs,
 consult with a healthcare provider prior to use.