

# Biome Sync™ DAILY

## Microflora Support

Replenish | Balance | Restore



Nearly every facet of overall health begins in the gut. Our gut microbiome impacts significant bodily functions, from digestion, weight management, and the immune system to cognitive health, skin health, and mood.

Biome Sync™ DAILY's custom formula features ten beneficial bacteria, including *Lactobacillus acidophilus* DDS®-1, *Bifidobacterium lactis* UABla-12™ and *Lactobacillus paracasei* Lpc-37®, super strains that have clinical success in supporting gut health (1-12). As with all our products, its no-compromise, sustainable ingredients have been rigorously selected to help you reach optimal health.

It's a gut feeling. The premium probiotics and prebiotics found in Biome Sync™ DAILY support and replenish gut microflora, supporting digestive comfort, and ultimately benefit overall health. Your body deserves only the best. Live well with Biome Sync™ DAILY.

## Benefits-

- Supports Gut Health
- Supports Digestive Health
- Improved Mood
- Supports Cognitive Health

# Supplement Facts

Serving Size : 1 Capsule  
Servings per container : 30

		Amount per Capsule	%DV*
<b>Total Carbohydrate</b>		< 1 g	< 1%
<b>Sodium</b>		5 mg	< 1%
<b>Proprietary Probiotic Blend</b>	<b>242 mg</b>		†
Total Cultures 65 Billion CFU			
<i>Lactobacillus plantarum</i> UALp-05™			†
<i>Lactobacillus paracasei</i> LPC-37®			†
<i>Lactobacillus acidophilus</i> DDS®-1			†
<i>Bifidobacterium bifidum</i> UABb-10™			†
<i>Bifidobacterium longum</i> UABI-14™			†
<i>Bifidobacterium lactis</i> UABla-12™			†
<i>Lactobacillus rhamnosus</i> UALr-18™			†
<i>Lactobacillus casei</i> UALc-03™			†
<i>Lactobacillus brevis</i> LBR-35™			†
<i>Streptococcus thermophilus</i> UAST-09™			†
<b>Other Ingredients:</b> Chicory Root Extract, Vegan Delayed Release Capsule (hypromellose, gellan gum), Nu-MAG® (rice extract, rice hulls, gum arabic, sunflower oil), Nu-FLOW® (rice hulls)			
*Percent daily values are based on a 2000 calories diet. †Daily Value (DV) not established			

## Ingredients-

### **Lactobacillus acidophilus DDS®-1**

This probiotic is one of the most thoroughly studied strains in the industry. It assists with digestive health and comfort and promotes regularity. *Lactobacillus acidophilus* DDS®-1 potentially improves quality of life as impacted by digestive health and supports stress reduction as impacted by digestive health (1, 2).

### **Bifidobacterium lactis UABla-12™**

Recent research suggests that when paired with *Lactobacillus acidophilus* DDS®-1, it supports skin health, immune health, and the respiratory tract (11).

### **Lactobacillus paracasei Lpc-37®**

This amazing strain supports oral health, immune health, overall digestive health and comfort, as well as supports healthy body weight (5).

### **Bifidobacterium bifidum UABb-10™**

A common resident of the colonic microbiota in healthy humans, this probiotic strain was specially selected to support healthy blood glucose and immune health (3, 4).

### **Lactobacillus plantarum UALp-05™**

As the focus in numerous groundbreaking studies, this popular probiotic contains antioxidant properties that fight against free radicals and aid in reducing unhealthy bacteria (11).



## Directions-

Take 1 capsule daily. Can be taken on Ultra Days™ and Burn Days™. Best taken on an empty stomach, 30 minutes prior to a meal.

## References-

1.	<a href="https://uaslabs.com/research/dds-1/">https://uaslabs.com/research/dds-1/</a>
2.	<a href="https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6165029/">https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6165029/</a>
3.	<a href="https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4908950/">https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4908950/</a>
4.	<a href="https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6920858/">https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6920858/</a>
5.	<a href="https://pubmed.ncbi.nlm.nih.gov/29767727/">https://pubmed.ncbi.nlm.nih.gov/29767727/</a>
6.	<a href="https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4155824/">https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4155824/</a>
7.	<a href="https://www.ncbi.nlm.nih.gov/pmc/articles/PMC7057033/">https://www.ncbi.nlm.nih.gov/pmc/articles/PMC7057033/</a>
8.	<a href="https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5118970/">https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5118970/</a>
9.	<a href="https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4552000/">https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4552000/</a>
10.	<a href="https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6160870/">https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6160870/</a>
11.	<a href="https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5994577/">https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5994577/</a>
12.	<a href="https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5264483/">https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5264483/</a>
13.	<a href="https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3145352/">https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3145352/</a>

### **Disclaimers-**

These statements have not been evaluated by the Food and Drug administration.

This product is not intended to diagnose, treat, cure, or prevent any disease.

If you are pregnant, nursing, diabetic or taking prescription drugs,  
consult with a healthcare provider prior to use.