

Fortitude 85™

Stress Reducing Aid

Mood | Balance | Vitality



Stress can keep us from getting the most out of our lives. Too much stress wreaks havoc on our bodies, affecting mood, energy, weight, and ultimately, our overall health. Help reduce stress and reach your greatest potential with Fortitude 85™.

Fortitude 85™ is a natural and effective way to support your body's ability to manage physical, mental, and environmental stress (1-6).

This exceptional formula features highly concentrated, pure forms of botanicals, B vitamins, and trace elements that deliver real, recognizable results. Its well-studied ingredients have been carefully selected and used for centuries to support mood (3, 6-9), energy (4-5), and brain health (1, 2, 4, 7, 8, 10, 11).

Be ready for anything life throws at you. Fortify your body and mind with the innovative power of Fortitude 85™.

Benefits-

- Support Stress Management
- Support Healthy Mood
- Support Weight Loss
- Provide Natural Energy
- Support Immune Health

Supplement Facts

Serving Size 4 capsules
Servings Per Container 30

	Amt Per 4 caps	%DV
Vitamin B2 (as riboflavin)	1.3 mg	98%
Vitamin B9 (as folate 5 methyl tetrahydrofolate)	100 mcg DFE	25%
Vitamin B12 (as methylcobalamin)	5 mcg	208%
Calcium (as calcium carbonate, Fulvic Trace Mineral Powder)	113 mg	9%
Magnesium (Z1-Minerals™, Fulvic Trace Mineral Powder)	37 mg	9%
Selenium (Organic CAPROS® Alma Berry Extract)	1 mcg	2%
Chloride (Z1-Minerals™, Organic CAPROS® Alma Berry Extract)	102 mg	4%
Fortitude 85™ Proprietary Blend	2370 mg	†
Maca Root (Lepidium meyenii) Extract		†
Holy Basil Leaf (Ocimum sanctum) Extract		†
Organic SENSORIL® Ashwagandha (Withania somnifera) Extract		†
Organic CAPROS® Alma Berry (Phillyanthus Emblica) Extract		†
Z1-Minerals™ 72 Ionic Sea Minerals and Trace Minerals (seawater)		†
Panax Ginseng Root Extract		†
ACTIVAlloe® Aloe Vera (Aloe barbadensis) Gel Qmatrix®		†
Eleuthero Root (Eleutherocus senticosus) Extract		†
Schisandra (Schisandra Chinensis) Extract		†
Rhodiola Root (Rhodiola Rosea) Extract		†
LipoZome™ (phosphatidylcholine, phosphatidylserine)		†
Fulvic Trace Mineral Powder		†

Other Ingredients: Gelatin (vegetable capsule), Calcium (as calcium carbonate), Bamboo Leaf (Phyllostachys viridis) Extract, Maltodextrin.

† Daily Value (DV) not established

Ingredients-

Organic SENSORIL® Ashwagandha

One of the most notable adaptogens, SENSORIL® yields 14 clinical studies. An antioxidant-rich herb, Sensoril® Ashwagandha helps support immunity while building an enduring body and mind. It has also been clinically proven to support sleep quality, energy, physical strength (21), and cardiovascular health (2).

Panax Ginseng

Panax ginseng is an adaptogen that assists the body in managing everyday stress, supports the body's ability to resist fatigue, supports healthy libido, and promotes healthy aging and overall wellness (22).

Organic CAPROS® Amla

Organic CAPROS® Amla is an adaptogen superfruit that yields 10 published studies shown to support cardiovascular health and immunity. Studies also show that Organic CAPROS® Amla significantly increases GSH, a vital antioxidant, and reduces C-reactive protein (CRP), a marker of immune health.

Rhodiola Rosea

Another favorite in the adaptogen world, Rhodiola is clinically studied to promote healthy stress levels along with increased energy, stamina, strength, and mental capacity (6). It has also been shown to help break down stomach fat when combined with exercise.

Z1-MINERALS™ 72 Ionic Sea Minerals and Trace Minerals

Z1-MINERALS™ is a naturally occurring complex of 72 ionic minerals and trace

minerals that are truly life-giving, supporting nearly every bodily function from cell regeneration, nutrient absorption, detoxification, muscle synthesis, and more (23).



Directions-

Take 4 capsules daily. Recommended 2 caps, two times per day with food or on an empty stomach.

References-

1.	http://natreoninc.com/sensoril/
2.	https://www.ncbi.nlm.nih.gov/books/NBK92776/
3.	https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5628357/
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Disclaimers-

These statements have not been evaluated by the Food and Drug administration.

This product is not intended to diagnose, treat, cure, or prevent any disease.

If you are pregnant, nursing, diabetic or taking prescription drugs,
consult with a healthcare provider prior to use.