

# Burn Mode™

## Intermittent Fasting Aid

Supports Fat Burning | Supports Detox | All-Natural

Berry



Fasting has been around for thousands of years. The health benefits of fasting, now termed intermittent fasting, on overall health is outstanding and is well documented and published. Thanks to recent advancements and modern science, we have a greater understanding of the powerful benefits of intermittent fasting and its effects on weight loss and cell regeneration. Burn Mode™ has been carefully formulated and designed to assist in the health benefits of intermittent fasting.

Burn Mode™ is a safe, gentle blend of nutrients specially designed to support your body's natural detoxification processes. It features pure, 100% non-GMO natural botanicals, amino acids, vitamins, and a synbiotic blend of life-giving ionic minerals and trace minerals, which are shown to support liver health (1, 2), support immune health (1, 3-13) and support healthy blood glucose levels (1, 2, 8, 14-16).

As with all of Zallevo's exceptional formulations, Burn Mode™'s ingredient profile is unmatched. Its antioxidant-rich blend supports cell health during intermittent fasting and assists in reducing oxidative stress as the body moves into ketosis and autophagy (1-3, 5-8, 14, 17-21).

Feel the difference. Reset your body and support your fat burning (14, 16) during intermittent fasting with Burn Mode™.

## Benefits-

- Support Fat Burning and Weight Loss
- Support Body Reset
- Support Digestive Health
- Supports Healthy Blood Sugar

# Supplement Facts

Serving Size 1 Stick Pack (5.7 g)  
Servings Per Container 15

	Amount Per Serving	%DV
<b>Calories</b>	<b>5</b>	
<b>Total Carb</b>	<b>1 g</b>	<b>&lt; 1%*</b>
Total Sugars	0 g	†
Vitamin C (as ascorbic acid, Organic Blueberry, AstaZine®)	97 mg	108%
Vitamin E (as d-alpha tocopherol succinate)	5 mg	32%
Magnesium (Ginger Root, Z1-Minerals™)	109 mg	26%
Zinc (as zinc bisglycinate)	1 mg	10%
Chromium (as chromium picolinate)	1 mcg	3%
Chloride (L-Arginine, Z1-Minerals™, L-Citrulline)	267 mg	12%
Potassium (as potassium citrate)	128 mg	3%
<b>Burn Mode™ Proprietary Blend</b>	<b>3472 mg</b>	<b>†</b>
L-Arginine		†
L-Citrulline		†
Milk Thistle (Silybum marianum L. Gaertn.) Extract		†
Burdock Root (Arctium lappa) Extract		†
Lemon Balm (Melissa officinalis) Extract		†
Dandelion Root (Taraxacum Officinale) Extract		†
Z1-Minerals™ 72 Ionic Sea Minerals and Trace Minerals (seawater)		†
Organic Blueberry (Vaccinium corymbosum) Powder		†
Ginger Root (Zingiber officinale) Extract		†
Organic ACTiValoe® Aloe Vera (Aloe barbadensis) Gel Qmatrix®		†
Alpha Lipoic Acid		†
LipoZome™ (phosphatidylcholine, phosphatidylserine)		†
Fulvic Trace Mineral Powder		†
AstaZine® Natural Astaxanthin (Haematococcus pluvialis)		†
<b>Other Ingredients:</b> Natural Berry Flavor, Maltodextrin, Bamboo Leaf (Phyllostachys viridis) Extract, Zero Cane™ (natural fermented sugarcane Rebaudioside-M).		
* Percent Daily Values (DV) are based on a 2000 calorie diet		
† Daily Value (DV) not established		

## Ingredients-

### **AstaZine® Astaxanthin**

Through 12 human clinical studies and 27 supporting pre-clinical trials, this impressive ingredient has proven to be the world's strongest and highest-quality natural antioxidant. AstaZine® is 800 times stronger than CoQ10 and 6,000 times stronger than Vitamin C and yields tremendous benefits including supporting cell health, brain health, gastrointestinal health, anti-aging health, skin health, athletic performance and energy, liver and kidney health, and much more (1).

### **ACTiValoe Aloe Vera Gel Qmatrix®**

Our elite patented ACTiValoe Aloe Vera Gel Qmatrix® ingredient exceeds certification standards for purity and has been scientifically proven to assist in

bioavailability of micronutrients and support gut health and skin health (4).

### **Z1-Minerals™ 72 Ionic Sea Minerals and Trace Minerals**

This elite mineral complex yields 72 ionic minerals and trace minerals, supporting nearly every bodily function, from cell regeneration, nutrient absorption, detoxification, muscle synthesis, and more (3).

### **Milk Thistle**

This free radical scavenger supports the body's natural detoxification processes, supports healthy blood glucose levels, and stimulates protein synthesis by protecting cell membranes from free-radical damage. It also supports liver health and cholesterol health (2).



## Directions-

### **For Intermittent Fasting**

Consume 1 serving every 4 hours during your waking hours, 4-5 servings per day, for up to 48 hours of intermittent fasting.

### **For Daily Benefits**

Consume 1 serving per day, either upon waking or 2-3 hours after your last meal to initiate Burn Mode™.

### **Mixing**

Mix 1 stick pack in 8 oz of water, then add ice. Shake vigorously. Consume within 20 minutes.

## References-

1.	<a href="https://bggworld.com/astaxanthin-astazinetm/">https://bggworld.com/astaxanthin-astazinetm/</a>
2.	<a href="https://www.ncbi.nlm.nih.gov/books/NBK541075/">https://www.ncbi.nlm.nih.gov/books/NBK541075/</a>
3.	<a href="https://www.ncbi.nlm.nih.gov/books/NBK218751/">https://www.ncbi.nlm.nih.gov/books/NBK218751/</a>
4.	<a href="https://aloecorp.com/activaloe/">https://aloecorp.com/activaloe/</a>
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**Disclaimers-**

These statements have not been evaluated by the Food and Drug administration.

This product is not intended to diagnose, treat, cure, or prevent any disease.

If you are pregnant, nursing, diabetic or taking prescription drugs,  
consult with a healthcare provider prior to use.